

Food assistance available in Norwich

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This list was updated in December 2020

If you are aware of anything on this list which is incorrect, please email lucy@thefeed.org.uk

Please note that we do not endorse any service included on this list. Use of these services is at your own discretion, we do not in any way verify the quality or availability of the services listed.

Monday

Salvation Army, Pottergate Arc - Hot breakfast starts at 90pence - £2.40 available between 9am - 11.15am - free toast and free cakes/pastries.

St Stephen's Church Café - Meal and a drink for £1.00 10am-3pm.

Norwich Soup Movement - Opposite City Hall 7.30pm hot food, free of charge.

Tuesday

Salvation Army, Pottergate Arc - Hot breakfast starts at 90pence - £2.40 available between 9am - 11.15am - free toast and free cakes/pastries.

Wymondham, Community Help Point - Our Lady and St Thomas of Canterbury RC Church, 1 Norwich Road, Wymondham, NR18 0SZ 12pm-1pm Help Point Foodbank and Food delivery, for more information please contact community@wymondhamchurch.org.uk

St Stephen's Church Café - Meal and a drink for £1.00 10am-3pm.

People's Picnic, Haymarket in the centre of Norwich -7.30pm Hot Food served, free of charge.

NR2 Foodbank - for residents of Town Close ward or the wider NR2 area / Bignold School catchment area, Self-referral for emergency food parcel (includes fresh fruit, vegetables & bread) via NR2foodbank@gmail.com or leave a voice message 07752 063897

Deliveries on a Tuesday, although same-day emergency delivery can be arranged subject to volunteer availability.



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Wednesday

Salvation Army, Pottergate Arc - Hot breakfast starts at 90pence - £2.40 available between 9am - 11.15am - free toast and free cakes/pastries.

St Stephen's Church Café - Meal and a drink for £1.00 10am - 3pm.

New Hope Christian Centre, 2 Martineau Lane, NR 1 2HX- Light lunch (10am-2pm) free of charge for more information please call 01603 617905.

Norwich Soup Movement - Opposite City Hall 7.30pm hot food, free of charge.

St Stephens Church, 6pm - 7.30pm Hot Food provided through Soul Foundation, free of charge.

Thursday

Salvation Army, Pottergate Arc - Hot breakfast starts at 90pence - £2.40 available between 9am - 11.15am - free toast and free cakes/pastries.

St Stephen's Church Café - Meal and a drink for £1.00 10am - 3pm.

E.A.T - Opposite City Hall 7.30pm hot food, free of charge (every other Thursday).

Society Alive Community Café - For delivery of a free hot meal on a Thursday please call 07832972166 please inform of any dietary requirements.

Friday

Salvation Army, Pottergate Arc - Hot breakfast starts at 90pence - £2.40 available between 9am - 11.15am - free toast and free cakes/pastries.

St Stephen's Church Café - Meal and a drink for £1.00 10am - 3pm.

Food Cycle, Quaker Meeting House, Upper Goat Lane, NR2 1EW - Takeaway meal and bag of food 7pm, free of charge.

Norwich Soup Movement - Opposite City Hall 7.30pm hot food, free of charge.



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The Phoenix Centre - 132A Mile Cross Road, NR3 2LD – Food hamper, no questions asked provided between 11.30am – 1.00pm, for more information please visit Mile Cross Phoenix Childrens Project on Facebook.

Saturday

St Stephen's Church Café – Meal and a drink for £1.00 10am – 3pm.

Wymondham, Community Help Point – Our Lady and St Thomas of Canterbury RC Church, 1 Norwich Road, Wymondham, NR18 0SZ 12pm-1pm Help Point Foodbank and Food delivery, for more information please contact community@wymondhamchurch.org.uk

People's Picnic, Haymarket at 7.30pm, hot food free of charge.

Sunday

Anon Street Team – Hot food, free of charge from 7pm outside Norwich City Council on St Peters Street, please see Facebook page for more information.

Community Fridges

Costessey Community Fridge – Currently closed due to covid regulations, visit Facebook page for up to date information.

Dereham Community Fridge, 20 Norwich Street, NR19 1DB, Dereham – Open Monday – Friday 1pm - 3pm contact fridge@lovedereham.org.uk or Facebook Dereham Community Fridge for more information.

Dussindale Community Fridge - Currently closed due to covid regulations, visit Facebook page for up to date information.

The Community Fridge at The Feed, 78 – 80 Prince of Wales Road, NR1 1NJ – Open Monday – Friday 2pm – 4pm (last day to use the fridge this year will be December the 23rd and we will open again on Monday 4th January).

Heartsease Community Fridge - Currently closed due to covid regulations, for anyone living in the Heartsease area in need of a food parcel delivery please contact 01603 431259.



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Other Options

Food parcels available by contacting Norwich Soul Foundation – 01603 343380

The Feed Café 78-80 Prince of Wales Road, Pay it Forward Scheme
Anyone in need can ask a member of staff for a free hot drink provided for by public donations, available Monday – Friday 8.30am-2pm.

Namaste Village, Dosa on the Wall Scheme

Anyone who is hungry and is unable to access food can take advantage of the free Dosa meal which has been partly donated for by the public and partly by the business. Visit Namaste Village during opening times, take a voucher from the wall and collect your free Dosa meal.

Opening times:

Monday – Friday 5pm-9pm Saturday and Sunday 12pm-9pm

Namaste Village 130-139 Queens Road, Norwich, NR1 3PN

Christmas and New Year

The Feed Christmas Hampers, we are selling hampers this year and for each one sold we will provide a box of essential food items plus some Christmas treats, if you would like one please contact gemma@thefeed.org.uk or call 01603 850447.

22ND December Society Alive, takeaway Christmas meal, book by calling 07832972166 12.30pm, Clover Hill Village Hall.

Christmas Day Opposite St Andrews Hall, Norwich, free hot drinks, turkey rolls, soup, pigs in blankets available between 12pm-2pm, organised by Open Christmas, for more information please email: norwichopenchristmas.org.uk

Boxing Day Peoples Picnic, open as usual 7.30pm, Haymarket, hot food free of charge.

Christmas Holidays - Free packed lunches for all children, available from The Mile Cross Phoenix Centre 132A Mile Cross Road, NR3 2DL for more information please visit The Mile Cross Phoenix Children's Project Facebook Page (not open on Christmas Day).



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Food Hampers – Available from The Mile Cross Phoenix Centre, 132A Mile Cross Road, NR3 2DL, please call 01603 403814.

New Years Day - Food Cycle, Quaker Meeting House, Upper Goat Lane, NR2 1EW – Takeaway meal and bag of food 7pm.

