

Food assistance available in Norwich

Monday

Salvation Army, Pottergate Arc

Hot breakfast £1.20 / free toast (8am-10.45am)

St Stephen's Church Café

Pay what you can afford, minimum charge £1 (10am to 4pm)

City Saints in Action, St Augustine's Church Hall, St Augustine's Street
2 course lunch and coffee £1 (11am - 1pm)

Norwich Soup Movement, Haymarket (8pm)

Salvation Army Soup Run, Haymarket (8.30pm)

Tuesday

Salvation Army, Pottergate Arc

Hot breakfast £1.20 / free toast (8am-10.45am)

Norwich Elim Church, Trory Street

Free breakfast and dinner (9.30am - 12.30pm)

St Stephen's Church Café

Pay what you can afford, minimum charge £1. (10am to 4pm)

Oak Grove Chapel, 70 Catton Grove Road -
Free hot meal (6pm-7.30pm)

People's Picnic, Haymarket (8pm)

Salvation Army Soup Run, Haymarket (8.30pm)

Wednesday

Salvation Army, Pottergate Arc

Hot breakfast £1.20 / free toast (8am-10.45am)

St Stephen's Church Café

Pay what you can afford, minimum charge £1. (10am to 4pm)

New Hope Christian Centre, 2 Martineau Lane
Light lunch (10am-2pm)

Norwich Soup Movement, Haymarket (8pm)



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Wednesday continued...

Salvation Army Soup Run, Haymarket (8.30pm)

Soul Church, Haymarket

hot food, sandwiches and hot drinks (8.30pm) - 1st and 3rd Wednesday in conjunction with Salvation Army soup run.

Thursday

Salvation Army, Pottergate Arc

Hot breakfast £1.20 / free toast (8am-10.45am)

St Stephen's Church Café

Pay what you can afford, minimum charge £1. (10am to 4pm)

Norwich Soup Movement, Haymarket (8pm) - Every other Thursday

Salvation Army Soup Run, Haymarket (8.30pm) - covered by volunteers from Norwich Eat

Friday

Salvation Army, Pottergate Arc

Hot breakfast £1.20 / free toast (8am-10.45am)

Gateway Vineyard/Alive! Church, Nelson Street (10.30am - 11.45am)

Hot breakfast 50p

Trinity United Reform Church, 1 Unthank Rd (City end)

Soup/bread (12.30pm - 1.30pm)

Soul Church, Café Soul, 4 Mason Road, NR6 6RF

Minibus service with 3 pickups;

- 12noon City Reach/Highwater House, opposite Toys R Us,
- 12:15 from YMCA Central on All Saints Green and
- 12:30 from Bishops Bridge House on Gas Hill. Free two course lunch. Shower and laundry facilities.

St Stephen's Church Café, (10am to 4pm)

Pay what you can afford, minimum charge £1.

Food Cycle, Quaker Meeting House, Upper Goat Lane, NR2 1EW

Hot meal (7pm)



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Friday continued...

Salvation Army, Pottergate Arc (7.30pm - 9.30pm)
Free hot meal for rough sleepers only

Norwich Soup Movement, Haymarket (8pm)

Salvation Army Soup Run, Haymarket (8.30pm)

Saturday

St Stephen's Church Café, (10am to 4pm)
Pay what you can afford, minimum charge £1.

Strands, City Saints in Action, St Augustine's Church Hall, St Augustine's Street - light meal and games, £1 (4pm - 7pm) - Every other Saturday

Salvation Army Soup Run, Haymarket (8.30pm)

People's Picnic, Haymarket (8pm)

Sunday

People's Palace Café
Vauxhall Street, 26 Suffolk Square NR2 2AA (11am - 2pm)

The Kings Centre, Kings St, NR1 1PH (2pm - 4pm)
Free hot meal, laundry and shower facilities

Anon Street Team, Haymarket (8pm) - Hot food

Salvation Army Soup Run, Haymarket (8.30pm)

Hebron Chapel, Haymarket - every other Sunday (8.30pm)



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Other places

The Missing Kind, Pay it Forward Scheme, 21 Castle Meadow, Norwich

Anyone in need can pop into KindaKafe in Norwich and ask a member of staff for a free hot drink or meal provided for by public donations. Three uses a week.

Opening times Monday - Friday 10am -5pm

Namaste Village and Namaste India, Dosa on the Wall Scheme

Anyone who is hungry and has no money on them can take advantage of the free Dosa meal which has been partly donated for by the public and partly by the business. Go into one of the restaurants during opening times, take a voucher from the wall and collected your free Dosa meal.

Opening times

Namaste Village 130-139 Queens Road, Norwich

Tuesday	12:00pm to 2.30pm	5.30pm to 10.30pm
Wednesday	12:00pm to 2.30pm	5.30pm to 10.30pm
Thursday	12:00pm to 2.30pm	5.30pm to 10.30pm
Friday	12:00pm to 2.30pm	5.30pm to 11.00pm
Saturday	12:00pm to 2.30pm	5.30pm to 11.00pm
Sunday	12:00pm to 3.00pm	06.00pm to 10.30pm

Namaste India, 2A Opie St, Norwich

Monday	Closed	5.30pm to 10.00pm
Tuesday	12.00am to 3.00pm	5.30pm to 11.00pm
Wednesday	12.00am to 3.00pm	5.30pm to 11.00pm
Thursday	12.00am to 3.00pm	5.30pm to 11.00pm
Friday	12.00am to 3.00pm	5.30pm to 11.00pm
Saturday	12.00am to 3.00pm	5.30pm to 11.00pm



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This list is compiled and distributed by The Feed. Please feel free to distribute it to anyone you think may need it.

The Feed is a Norwich-based charity and social enterprise
www.thefeed.org.uk

This list was updated in January 2019

If you are aware of anything on this list which is incorrect, please email us at info@thefeed.org.uk

Please note that we do not endorse any service included on this list. Use of these services is at your own discretion, we do not in any way verify the quality or availability of the services listed.

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